

# SNEAK PREVIEW

Sunday, April 11, 2010

BETHEL HIGH SCHOOL ♦ HAMPTON, VIRGINIA  
Montez Dennis hosts the 22nd Annual

NEW  
Tournament  
Location  
New  
Day



**NEW DIVISION!!  
GRAPPLING**

Sponsored by:

P.N.K.T., Inc. & in part by Golden Sun Dojo, Inc.

*Beautiful Trophies Awarded*

*Cash For Black Belt Adult Grands*

*All Styles, Associations, and Individuals Invited*

*NBL, PKL, ATA, USTU, USKA, Kung Fu, USANKF*

*Kendo, AAU, Tae Kwon Do, Shorin Ryu, Etc.*

*Teams Get Ready*



**CASH MONEY**

**CASH FOR BLACK BELT GRAND CHAMPIONS**



**FOR MORE INFORMATION CALL: (757) 722-5702 or (757) 838-4664**

# ◆ TOURNAMENT INFORMATION

**LOCATION:** Bethel High School Gymnasium ◆ 1067 Big Bethel Road, Hampton, VA  
Day of event call (757) 344-7935 for directions.

**DATE OF EVENT:** SUNDAY, APRIL 11, 2010

**REGISTRATION INFO:** Registration Received by March 31st: First Event - \$50. Each Additional Event - \$20.  
Registration Received STARTING April 1st: First Event - \$60. Each Additional - \$25.  
Registration on Day of Event: First Event - \$60. Each Additional Event - \$25. **(CASH ONLY)**  
You can Register on the day of event April 11, starting at 8am until your division starts.  
You can Register the night before on April 10, at the Hampton Holliday Inn from 6-9pm.

**Make Money Order or Certified Check Payable to E. Montez Dennis. No Personal Checks accepted. No Refunds.**

**TEAM ENTRY FEE \$75:** 3 Person Black Belt Adult Team  
Ages 18 and Up: \$300 Cash For Grand Champion

**ELIMINATIONS:** 10:00 AM Black Belt Forms & All Weapons Divisions

**ELIGIBILITY:** This tournament is open to all styles and systems.

**AWARDS:** 1st - 4th Place Trophies/Awards Presented

**GRAND CHAMPION AWARDS:** Kids Forms 1st Place Winners  
Kids Weapons 1st Place Winners  
Adult Under Belt Weapons/Forms

Black Belt Men & Women Forms / Weapons  
Black Belt Men Sparring

**NOTE:** Must be 4 or more competitors in a division to receive cash awards..

**EQUIPMENT:** Saf-T Equipment is Mandatory

**HOTEL ACCOMMODATIONS:** Holiday Inn: 1-800-426-7866 or 1-757-838-0200  
Quality Inn: 1-757-838-8484

**RATING:** ECTWC RATED

**COORDINATORS:** Harold Gwyn and Golden Sun Dojo Staff.

**INFORMATION CONTACT:** Natalie or Montez Dennis ◆ 1-(757) 722-5702 or 1-(757) 838-4664



**PLEASE PRINT CLEARLY**

**OFFICIAL ENTRY FORM**

**PLEASE PRINT CLEARLY**

See Division Page to find your division. Enter the complete division names below, including your age, belt color and sex:

**Competitor Fees:**

One Event Before March 31st: ..... \$50.00 \_\_\_\_\_

Each Additional Event: ..... \$20.00 \_\_\_\_\_

One Event After March 31st: ..... \$60.00 \_\_\_\_\_

Each Additional Event: ..... \$25.00 \_\_\_\_\_

Team Entry Fee: ..... \$75.00 \_\_\_\_\_

★ Weapons: \_\_\_\_\_

★ Forms: \_\_\_\_\_

★ Sparring: \_\_\_\_\_

★ Musical: \_\_\_\_\_

★ Grappling: \_\_\_\_\_

★ Team Challenge: \_\_\_\_\_

★ Self-Defense/Breaking: \_\_\_\_\_

★ Special: \_\_\_\_\_

**Spectator Fees:** Adults 13 and Older:... \$10.00 \_\_\_\_\_

Children 5 - 12: ..... \$5.00 \_\_\_\_\_

Seniors 55 and over .... \$5.00 \_\_\_\_\_

**TOTAL ENCLOSED >** \_\_\_\_\_

**Note:** Failure to give truthful complete information may result in disqualification. Proof of Age may be requested

Competitors Name: \_\_\_\_\_ Rank: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ Apt#: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_ Instructor / Dojo: \_\_\_\_\_

**RELEASE FORM**

The undersigned does hereby for himself, herself, his or her heirs, executors, administrators, successors and assigns release and forever discharge the promoter and the organizers of the Montez Dennis 2010 East Coast Martial Arts Tidewater Challenge held on April 11, 2010 at Bethel High School, Hampton, VA and their servants and agents and all those in any way connected with the running and management of same from any and all actions, caused of actions, claims, and demands for upon or by reason of any damage, loss or injury to person and property and death which heretofore has been undersigned participating in the said tournament. I also hereby agree that any photographs or films of myself, taken at the events may be used by the tournament directors for publication, broadcasting or any other promotional purpose.

**Send early entry fees along with this form to E. Montez Dennis, 7 Langille Ct., Hampton, VA 23663; Before March 31, 2010. Make Postal or money orders or certified checks payable to E. Montez Dennis. (NO BUSINESS OR PERSONAL CHECKS)**

Signature \_\_\_\_\_

Signature of Parent/Guardian (Must sign if under 18 years of age) \_\_\_\_\_

# 2010 EAST COAST MARTIAL ARTS TIDEWATER CHALLENGE PLAYER DIVISIONS

## ◆ MEN'S / WOMEN'S BLACK BELT DIVISIONS

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Men's/Women's Weapons            | <input type="checkbox"/> Women's Black Belt Forms                 | <input type="checkbox"/> Men's Light Weight Sparring      |
| <input type="checkbox"/> Men's/Women Weapons (Seniors)    | <input type="checkbox"/> Men's/Women's Black Belt Forms (Seniors) | <input type="checkbox"/> Men's Senior Light Wt / Heavy Wt |
| <input type="checkbox"/> Men's Black Belt Forms - Hard    | <input type="checkbox"/> Executive 43 & Over Forms                | <input type="checkbox"/> Men's Heavy Weight Sparring      |
| <input type="checkbox"/> Men's Black Belt Forms - Chinese | <input type="checkbox"/> Women's Black Belt Sparring              | <input type="checkbox"/> Executive 43 & Over Sparring     |

## ◆ UNDER BLACK BELT DIVISIONS

### FORMS

- Men: White - Yellow - Orange
- Men: Blue - Green - Brown
- Women: White - Yellow - Orange
- Women: Blue - Green - Brown
- Men/Women Senior: White - Orange
- Men/Women Senior: Blue - Brown
- Executive 43 & Over: White - Orange
- Executive 43 & Over: Blue - Brown

### SPARRING

- Men's: White - Yellow - Orange
- Men's: Blue - Green - Brown
- Senior Men's: White - Yellow - Orange
- Senior Men's: Blue - Green - Brown
- Women's: White - Yellow - Orange
- Women's: Blue - Green - Brown
- Executive 43 & Over: White - Orange
- Executive 43 & Over: Blue - Brown

### GRAPPLING

#### ADULTS

- Beginner
- Intermediate
- Advanced

#### KIDS

- Beginner
- Intermediate
- Advanced



### SUPER KIDS FORMS (BOYS/GIRLS)

- 6 & Under: White - Yellow - Orange
- 6 & Under: Blue & Above
- 7 - 8: White - Yellow - Orange
- 7 - 8: Blue - Green
- 7 - 8: Brown - Black
- 9 - 10 - 11: White - Yellow - Orange
- 9 - 10 - 11: Blue - Green
- 9 - 10 - 11: Brown - Black
- 12 - 13 - 14: White - Yellow - Orange
- 12 - 13 - 14: Blue - Green
- 12 - 13 - 14: Brown - Black
- 15 - 16 - 17: White - Yellow - Orange
- 15 - 16 - 17: Blue - Green
- 15 - 16 - 17: Brown - Black

### WEAPONS DIVISIONS

- Adults: White - Yellow - Orange
- Adults: Blue - Green
- Adults: Brown
- Children 8 Under: White-Yellow-Orange
- Children 8 Under: Blue - Green
- Children 8 Under: Brown - Black
- Children 9 - 12: White-Yellow-Orange
- Children 9 - 12: Blue - Green
- Children 9 - 12: Brown - Black
- Children 13 - 17: White-Yellow-Orange
- Children 13 - 17: Blue - Green
- Children 13 - 17: Brown - Black

### MUSICAL FORMS

- 6 - 8: All Belts
- 9 - 12: All Belts
- 13 - 17: All Belts
- Adults: White - Brown
- Adults Black Belt: 18 & Up

### SPARRING (BOYS)

- 6 & Under: White - Yellow - Orange
- 6 & Under: Blue & Above
- 7 - 8: White - Yellow - Orange
- 7 - 8: Blue - Green
- 7 - 8: Brown - Black
- 9 - 10: White - Yellow - Orange
- 9 - 10: Blue - Green
- 9 - 10: Brown - Black
- 11 - 12: White - Yellow - Orange
- 11 - 12: Blue - Green
- 11 - 12: Brown - Black
- 13 - 14: White - Yellow - Orange
- 13 - 14: Blue - Green
- 13 - 14: Brown - Black
- 15 - 16 - 17: White - Yellow - Orange
- 15 - 16 - 17: Blue - Green
- 15 - 16 - 17: Brown - Black

### SPARRING (GIRLS)

- 6 & Under: White - Yellow - Orange
- 6 & Under: Blue & Above
- 7 - 8: White - Yellow - Orange
- 7 - 8: Blue - Green
- 7 - 8: Brown - Black
- 9 - 10: White - Yellow - Orange
- 9 - 10: Blue - Green
- 9 - 10: Brown - Black
- 11 - 12: White - Yellow - Orange
- 11 - 12: Blue - Green
- 11 - 12: Brown - Black
- 13 - 14: White - Yellow - Orange
- 13 - 14: Blue - Green
- 13 - 14: Brown - Black
- 15 - 16 - 17: White - Yellow - Orange
- 15 - 16 - 17: Blue - Green
- 15 - 16 - 17: Brown - Black

**NOTE: Weapons May Be Used This Year!**

**NOTE:** For Purple Belts falling before Blue Belt, your division is also White - Yellow. After Green, your division is Blue - Green. Red Belts should compete with Brown Belts. Size will be a determining factor in what age group a child will fight. If your child is overly large for their age, please bring proof of age certificate.

## ADDITIONAL DIVISIONS

| TEAM CHALLENGE                            | SPECIAL                                  | SELF-DEFENSE                                   | BREAKING                                       |
|---|--|--|--|
| <input type="checkbox"/> Adult Black Belt | <input type="checkbox"/> Extreme Weapons | <input type="checkbox"/> White - Blue          | <input type="checkbox"/> White - Blue          |
| <input type="checkbox"/> Demo Team        | <input type="checkbox"/> Showmanship     | <input type="checkbox"/> Green - Brown - Black | <input type="checkbox"/> Green - Brown - Black |

## 2010 EAST COAST MARTIAL ARTS TIDEWATER CHALLENGE

### ◆ LETTER FROM THE TOURNAMENT DIRECTOR

Dear Competitors and Families,

We hope this year's tournament will be as good as our previous tournaments. We have some of the best judging on the East Coast because YOU the competitors and families are the most important.

All children's Divisions will start after weapons.

Thank you for your support.

*Montez Dennis*



### ◆ RULES

**FIGHTING:** Two minutes or five points, whichever comes first. No sweeps to back leg. Point must be seen before competitor hits the floor following a sweep to the front leg. A point will be given for a controlled, not fully extended technique to a legal target. Contact to the head is not necessary to score a point.

**PROTECTION:** Safety hands, feet and mouthpieces are mandatory in all fighting divisions. Groin protectors are mandatory in all men's fighting divisions. For the safety of all competitors, headgear will be mandatory. Height may determine the proper age group in which a person compete in all children divisions.

**FORMS:** Score will be based on a 0 - 10 point system. Score will be added by omitting the high and low scores. If there is a tie, add in the low score. If there is still a tie after this, add in the high score. If there is still a tie after these provisions, the contestants must perform again. Higher ranked contestants must perform a different form.

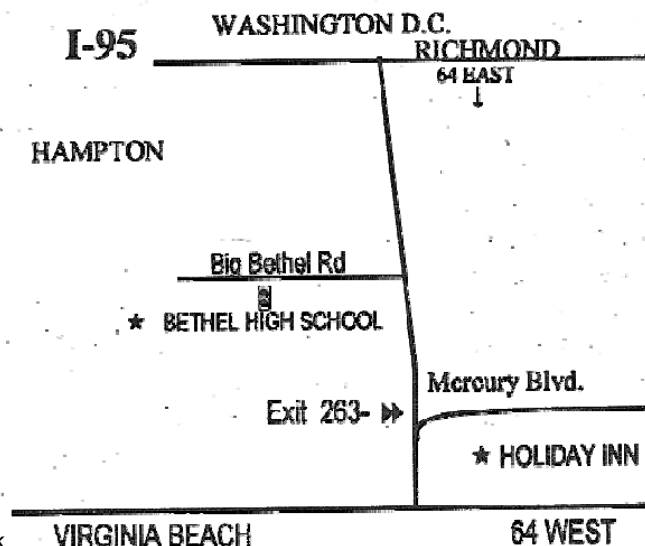
You may enter in one of each: Forms, Sparring or Weapons.

### ◆ DIRECTIONS & FUTURE TOURNAMENTS

*Look for our 2010 Montez Dennis*

**WORLD FALL CLASSIC**

**FALL 2010**



**From Richmond & Points North:** Take 1-64 East to Hampton/Norfolk. Take exit 261A (Hampton Roads Center Parkway, West) Follow exit to stop light & turn left on Big Bethel Road. School is .05 miles on the right.

**From Norfolk:** Take 1-64 West to Hampton. Follow past Hampton Coliseum approximately 2 miles and take exit 261A (Hampton Roads Center Parkway, West). Follow exit to stop light and turn left on Big Bethel Road. School is .05 miles on the right.

**From the South:** Take 1-85 or 1-95 north to Richmond. Then follow directions from Richmond.

**From Portsmouth:** Take Rt. 17 North and cross James River Bridge. Continue straight on 258 North, which is Mercury Blvd. Go 2 miles and turn left on Big Bethel Road. (Texaco on your left) School is 1.7 miles on the left.

**\*If you get lost, call 757-344-7935. Note, new location is 2 exits from old location. Holiday Inn's exit is 263. Call: 1-800-842-9370 or 1-757-838-0200 or Quality Inn 1-757-838-8484**